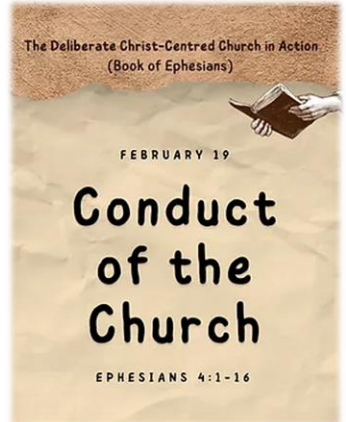


Address: 160 Paya Lebar Road, Orion@Paya Lebar #04-06, Singapore 409022  
Sun Worship Service: 10am, Sun School: 11.45am, Wed Prayer Meeting: 8pm  
Website: [www.sovereignhopebpc.org](http://www.sovereignhopebpc.org)  
Rev Dr Jack Sin: 91160948 (hp) / [jacksin710@gmail.com](mailto:jacksin710@gmail.com)  
Elder Loke Tat Luen: [tiloke822@gmail.com](mailto:tiloke822@gmail.com)

**“Conduct of the Church”**  
**[Eph 4:1-16]**  
**Sermon Summary (19 Feb**  
**2023)**



**1. Manner of Life of the Believer in the Church (vs 1-6)**

- walk worthy of your life's calling (vocation). The word “walk” includes our gait and behavior, conduct, demeanour, your entire being in life.
- We belong to someone, Christ and not ourselves. We are defined by who we are in Christ.

– The attributes and disposition of a believer are:

**(a) lowliness & meekness**

- the thing about pride – beware of the big “I” In the middle
- Rom 12:3 - *“For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.”*
- not self-exaltation
- but also, do not unwittingly run down yourself or your family or yourselves when they deserve the credit.

**(b) long-suffering - which the opposite is short-tempered**

- a person who suffers without retaliation

**(c) forbearing one another in love**

- learn to manage your emotions with people from different background
- It is important not to disturb the harmony of the faith of believers
- keep the peace as much as it is possible; be a peacekeeper, not a peace breaker
- unity of the Spirit in the bond of peace

- “one body, one Spirit, one hope, one Lord, one faith, one baptism”
- Rom 12:18-19 “If it be possible, as much as lieth, in you, live peaceably with all men. Dearly beloved, avenge not yourselves... Vengeance is mine.”

## 2. Ministry of Gifts of the Believer for the Church (vs 7-11)

- God gives according to His grace according to his will
- everyone is given a measure of gift
- but it may take some time to discover, develop & demonstrate what is that gift given to us by God
- others are blessed by the gift when we exercise it
- “Who is my Master?” is very important.
- He gives different people different gifts to be used for the church. There are different offices like apostles, prophets, pastors, preachers, evangelist, etc. - the list is not exhaustive.
- some gifts are temporary like the apostles or prophets and others are permanent like preaching, teaching etc

## 3. Maturity of the Believers, Building the Church (vs 12-16)

- what is one of the purpose of the church as shared in our 5th anniversary book? It is for the edification of the body of Christ.
- That we will be matured persons unto the measure of the stature of the fulness of Christ in the word of God.
- so that we will not be tossed to & fro with false teachings - the body of Christ
- “the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.”

## Conclusion

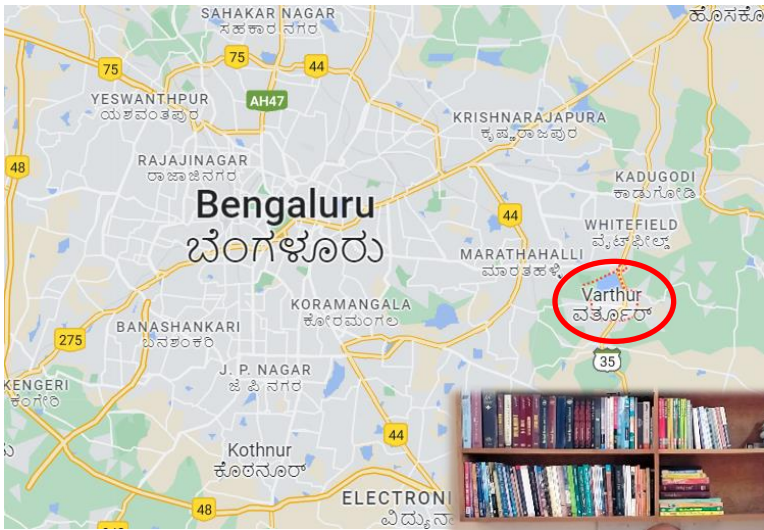
It should be the desire of every Christian to be involved in using our God given gifts and substance and time for the united functioning like the body that make the church an effective witness for Christ to the glory of His name.

Kim Meng

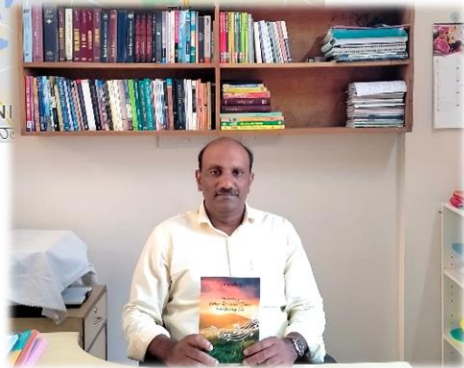
From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.  
- Ephesians 4:16 (KJV) -



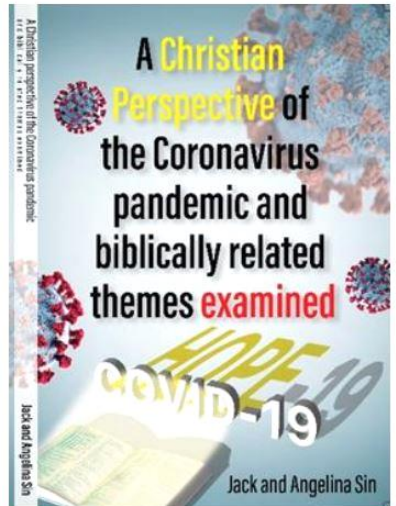
heartlight.org



Pray for Pastor Babu in his preaching ministry at New Covenant BPC in Bangalore, and for his family and evangelistic outreaches in Varthur village.



COL(R) Tang Hang Khee ordered a copy of the pandemic book and 30copies each of SHBPC gospel tracts for his ministry.



# ***SIMPLY GRATEFUL***

## ***- A Thanksgiving by Bro Poh Huat -***

How do I adequately praise God? Simply put, I cannot.

But I do as much as I can. I simply walk the talk. I show up! I present myself personally at the SHBPC Sunday Worship Service.

February 26, 2023.

And it was beyond words how wonderful I felt being able to worship our awesome God with the brethren just 5 days out of a major surgery, out of hospital. "Incredulously incredible!" ... "Wow!" ... "Amazing!" The responses rolled out on everyone's tongue marveling at how quickly I had emerged post-surgery.



Just on February 19, 2023, I was the worship leader and after service I said my goodbyes as I psyched up to go into hospital the next day to get operated on my upper spine: my cervical.

Failure to do so would have risked paralysis because of spinal cord compression on 3 cervical points. Surgical entry was through the throat to access the spine. That meant, firstly, a delicate throat incision. Secondly, prying the wound open top-bottom, followed by pushing aside the oesophagus, larynx, and trachea before decompressing the spinal cord and, finally, inserting and securing permanent titanium screws on my affected areas.

Most people balked or cringed each time I described the above procedure. I also risked not waking up from anaesthesia, temporarily losing my voice quality and having swallowing difficulties. Other post-surgery afflictions might follow, such as pain, inside on the spine and at the wound externally. Wound bleeding would also be a challenge.

I was also warned to brace for possible need of blood transfusion and a protracted recovery period if things went south.

I was as ready as I could that Monday morning at 6.30am. Got rolled into the operating theatre with an acid reflux cough that I feared might be possibly disruptive. I was part excited and part quivering.

The words of our victorious LORD Jesus "***I am with you always*** (Matthew 28:20)" kept ringing in my head. I was assured. If He is, He is all I needed.

The operation started and 9 hours later, I woke up, dizzy and nauseous. The effect of the anaesthesia was that my voice was diminished and weak.

Thank you, LORD, I prayed softly, weakly. (1 Thessalonians 5:18 ***In every thing give thanks: for this is the will of God in Christ Jesus concerning you***) and I faded off to sleep again.

The next morning, my surgeon visited. I woke up, greeted him enthusiastically with a good voice that surprised even me! He marveled at it. He reported my operation went "very well" and my voice was extraordinarily of good quality. From thereon, progress accelerated, and, by the third day, the physiotherapist had certified me fit to be discharged.

Up until the time of writing this testimony, I had never felt the slightest surgical pains at all which was most bewildering. In a very good way, of course! Our LORD certainly guided the surgeon's hands divinely. It is the least I can explain for the lack of post-surgical trauma.

I asked to stay a couple of extra days, and then I was out of the hospital. "I want to go to church on Sunday!" And our Heavenly Father granted my heart's desire! My surgical episode was veritably demonstrative of God's mercies and grace upon me.

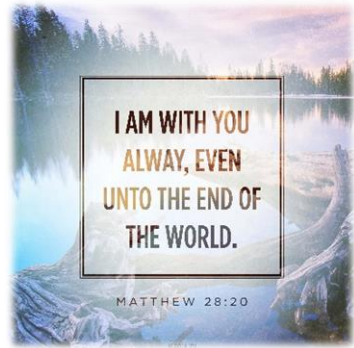
On Monday, February 27, 2023, I visited a regular medical clinic, as instructed by the hospital, to have the stitch on my throat wound removed. The clinic doctor was profoundly impressed, saying the wound had sealed clean, with just one simple stitch, unlike the quintessential "stapled" look. Not the slightest hint of bleeding was seen either.

Then with one simple pull, the single stitch lifted off painlessly. As a bonus, the horizontal incision has also blended with a fold of the neck that will obscure the cut as the skin heals.

I cannot describe it any other way. My God is simply awesome! I praise, exalt, and magnify the Name of our LORD!

Romans 16:27 ***"To God only wise, be glory through Jesus Christ for ever. Amen."***

***Poh Huat***





Lord's Day Programme for January - March 2023

# The Deliberate Christ-Centred Church in Action

(Book of Ephesians)



## JANUARY

- 1 Divine Calling of a Believer (1:1-12)
- 8\* Character of the Church (1:13-23)
- 15 Changed from Darkness to Light (2:1-10)
- 22 Progress of the Church (2:11-22)
- 29 Fullness of the Church (3:1-12)

## FEBRUARY

- 5 **5th Anniversary Thanksgiving**  
The Witness of the Church in Dangerous Times (Acts 5:29-42)
- 12\* Functions of the Church (3:13-21)
- 19 Conduct of the Church (4:1-16)
- 26 Steps for Effective Witness in our Lives (4:17-32)

## MARCH

- 5 Divinely Transformed Living (5:1-21)
- 12\* Guidelines for Healthy Marital Relations (5:22-33)
- 19 Rules for Family Relationships (6:1-9)
- 26 Divine Protection for Spiritual Combat (6:10-24)

SOVEREIGNHOPE  
TRUST IN GOD ALONE

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# SOVEREIGN HOPE BPC CAMP

Exercise unto Godliness in  
an Ungodly World

Speaker:  
Rev Philip Heng

#### CAMP FEE

Twin Sharing \$290  
For Single \$390

Come for a time for  
reflection, fellowship and learning  
with insightful messages, workshop  
and devotions and family bonding time.

REGISTER TODAY WITH BRO PAUL TAN 80604412  
CLOSING DATE FOR REGISTRATION 16 APRIL 2023

PULAI SPRING



7-10 June 2023



Location  
Pulai Springs Resort,  
Malaysia



## Memory Verse

*Eph 5:2* And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweetsmelling savour.

## Announcements

1. Welcome to our Lord's Day Sunday Worship Service! We are so glad you are here to worship with us. If you are here for the first time, do leave us your contact numbers in our guest book before you leave. Those who share the church vision to acquire a place of worship in due time, may designate your offerings to the SHBPC Church Building Fund.
2. Pastor brings us God's Word this morning on "***Divinely Transformed Living (Eph 5:1-21)***", continuing the quarterly series on "***The Deliberate Christ-Centred Church in Action (Book of Ephesians)***".
3. Pastor will preach next Sunday on "***Guidelines for Healthy Marital Relations (Eph 5:22-33)***"
4. Come and learn at our weekly Sunday School classes after the worship service:
  - Westminster Confession of Faith – Pastor
  - Studies in 1 Chronicles – Dn Kwong Leen
  - Practical Reflections from Ephesians – Dn Yue Kay & Paul Kong
5. Chinese Fellowship meets on every Sunday night at 7pm via Zoom with both local and overseas brethren. We have systematic studies on Basic Theology, and the book of Joshua. Join us for a time of profitable learning.
6. Do send your prayer items to Pastor and join us for Church Prayer Meeting on Wed at 8pm via Zoom. The prayer list is available in church.
7. Monthly Neighbourhood Bible Class will next meet on **Fri 5 May 2023, 7.30pm in church** on the study of 2 Samuel. Come and join us!
8. The **Annual Church Camp** will be held at **Pulai Springs Resort (Johor Bahru, Malaysia), June 7-10, 2023**. Rev Philip Heng is our camp speaker "***Exercise unto Godliness in an Ungodly World***". Do set aside this time and join us for a time of learning, spiritual refreshment and blessed fellowship. Contact Paul Tan (hp: 8060 4412) for more information.
9. We need willing hands and hearts to assist in the weekly cleaning of the premises. Do let Dn Yue Kay if you are available to serve in this area.
10. Love gifts, Offering and Tithes to the Lord can be given in the following ways:
  - **Cheque** payable to **Sovereign Hope Bible Presbyterian Church** and mail to church address. (Kindly write the full name of the church as indicated.)
  - **Fund transfer** to Church **UOB** Account **392-308-825-1**
  - **PayNow** to Church UEN: **T19SS0116FSOV**

Kindly indicate "**Church Building Fund**" if you would like to designate towards this cause.